

# Affordable ABA

## Implementation of Evidence-based Practices as Best Treatment Options

**1. What primary type of evidence do practitioners use in the EBP process to choose whether or not to implement a treatment?**

- A. narrative review
  - B. systematic review
  - C. consensus review
  - D. critical review
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**2. What does it mean if results are considered spurious?**

- A. The results are significant
  - B. The results do not indicate a meaningful change for the service recipient
  - C. The results indicate that a change has been made, but further analysis is needed
  - D. The results seem to be valid but truly are not
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**3. Which type of measurement system should you use when precise levels of targeted behaviors or skills need to be represented?**

- A. Continuous measurement
  - B. Interval sampling
  - C. Discontinuous measurement
  - D. Whole interval recording
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**4. Which response is not considered a reason as to why systematic reviews are considered to be the least biased source of information?**

- A. The research is based on a thorough, analytic, and standardized method.
  - B. The information is selected based on the integration of clear procedures.
  - C. Decisions can be influenced and based on personal biases.
  - D. The process that is used for selecting or weighing the information can be replicated.
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**5. What is the first step in the EBP process?**

- A. Review relevant service recipient variables
  - B. List short and long term goals
  - C. Review any new information
  - D. Determine the best source(s) of information
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**6. Which level of IOA is considered standard for achieving data that are believable?**

- A. 80% or higher
  - B. 90% or higher
  - C. 75-80%
  - D. a minimum of 50%
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**7. What should a practitioner do if the research they find in a systematic review is older?**

- A. Determine if the interventions in the study are consistent with the principles used to explain human behavior
  - B. Attempt to find other sources of information that are more recent
  - C. Continue to use these sources of information to develop an intervention
  - D. Disregard this research and consider an alternative intervention
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**8. Which method should be selected if a practitioner has the goal of identifying the total amount of information that is used to support a treatment intervention?**

- A. Method #1
  - B. Method #2
  - C. Method #3
  - D. Method #4
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**9. Treatment fidelity should be evaluated\_\_\_\_\_.**

- A. within the first several sessions of the intervention
  - B. only while the intervention is occurring consistently
  - C. at different points throughout the intervention process
  - D. at the end of the intervention phase
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**10. Which term refers to how the essential characteristics of the selected treatment intervention are implemented?**

- A. progress monitoring
  - B. quality of adherence
  - C. treatment fidelity
  - D. task integration
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**11. What are the main components that are include in determining the quality of a research study?**

- A. Through the dependent and independent variables included in the study and the social validity
- B. Through the interventions used, data collected, and social validity of the study

C. Through the participants in the study, the dependent variables included, and treatment fidelity

D. Through the research design, dependent variables included in the study, and the treatment fidelity

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**12. Which term is known as consisting of individualizing and adapting a selected treatment intervention based on the context?**

A. implementation planning

B. resource allocation

C. individualized treatment planning

D. needs assessment

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**13. Which type of enthusiasm includes being fidgety and exhibiting moments of inattention?**

A. positive enthusiasm

B. neutral enthusiasm

C. permitted enthusiasm

D. negative enthusiasm

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**14. What term is known as the bias that may be present when there is only selective reporting that has occurred of studies that have been completed?**

A. Reporting bias

B. Research bias

C. Publication bias

D. Researcher bias

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**15. Barriers are identified \_\_\_\_\_ and solutions are devised to overcome these barriers throughout the implementation of the treatment intervention.**

A. at the onset of implementation

B. on a continual basis

C. in the team meeting prior to selecting a treatment intervention

D. when they present themselves

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**16. Which response is not considered a way that a treatment intervention can be adapted if the treatment intervention is found to be intolerable?**

A. Evaluate and change the difficulty of the task

B. Strengthen the schedule of reinforcement

C. Identify and integrate reinforcers that are more potent

D. Decrease the schedule of implementation until the team can consider an alternative intervention

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**17. When a practitioner determines that the treatment intervention is acceptable or feasible, and it produces results that are socially significant for the service recipient by demonstrating meaningful changes in the individual's quality of life, the practitioner should \_\_\_\_\_.**

- A. adapt the treatment intervention
  - B. reject the treatment intervention
  - C. retain the treatment intervention
  - D. stop the treatment intervention
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**18. Which review is known as a best practice panel and allows for a group of knowledgeable individuals to use their own expertise to evaluate the information available?**

- A. Systematic Review
  - B. Consensus review
  - C. Narrative review
  - D. Critical review
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**19. Which response is not considered an option that can be taken by the team regarding next steps after information has been gathered regarding the implementation a treatment intervention?**

- A. Implement the treatment intervention on an as needed basis
  - B. Leave the treatment intervention to be implemented as is and develop a plan for fading as time progresses
  - C. Make an adaptation to the treatment intervention
  - D. Dismiss the treatment intervention
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**20. What is known as a change in behavior that can lead to new opportunities or reinforcers?**

- A. Generalization
  - B. Adaptation
  - C. Behavioral adaptation
  - D. Behavioral cusp
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